

Analysis of homeopathic remedies prepared at UFRJ University Pharmacy in 2018.

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BACKGROUND: The quality of homeopathic remedies is important for their reproducibility and for achieving therapeutic effects. Within this context, the Homeopathic Laboratory (named in honor of Professor Marta Cortês Duarte) from the Federal University of Rio de Janeiro (Faculty of Pharmacy) has the challenge of offering services with excellence in terms of compounding remedies, analyzing prescriptions, alongside patient awareness of the particularities of homeopathic medicine. **AIMS:** The aim of this project is to gather information regarding the profile of homeopathic prescriptions prepared at UFRJ University Pharmacy. **METHODOLOGY:** The following data– prescribed drugs, dosage form, potency and others – were collected during the period from April to October 2018. **RESULTS:** 209 prescriptions were received resulting in 394 different homeopathic remedies. From this amount, 65% came from private system (255 remedies) whereas 35% came from the public system (139 remedies). The research also indicated the top-five prescribed drugs: *Aconitum napellus* (14%), *Arnica montana* (14%), *Arsenicum album* (12%), *Calcarea carbonica* (12%) and *Dulcamara* (9%). The most prescribed dosage forms were granules/powder (31,9%), soft tablets (31,7%) and pills (22,1%). **CONCLUSION:** Thus, the profile of the remedies prepared was identified, supporting the development of a standard operating procedure when analyzing prescriptions and the inclusion of monographs of the most prescribed drugs in the official compendium published by the University Pharmacy from the Federal University of Rio de Janeiro.

KEYWORDS: Homeopathy, homeopathic prescribing, homeopathic remedies, University Pharmacy, UFRJ.